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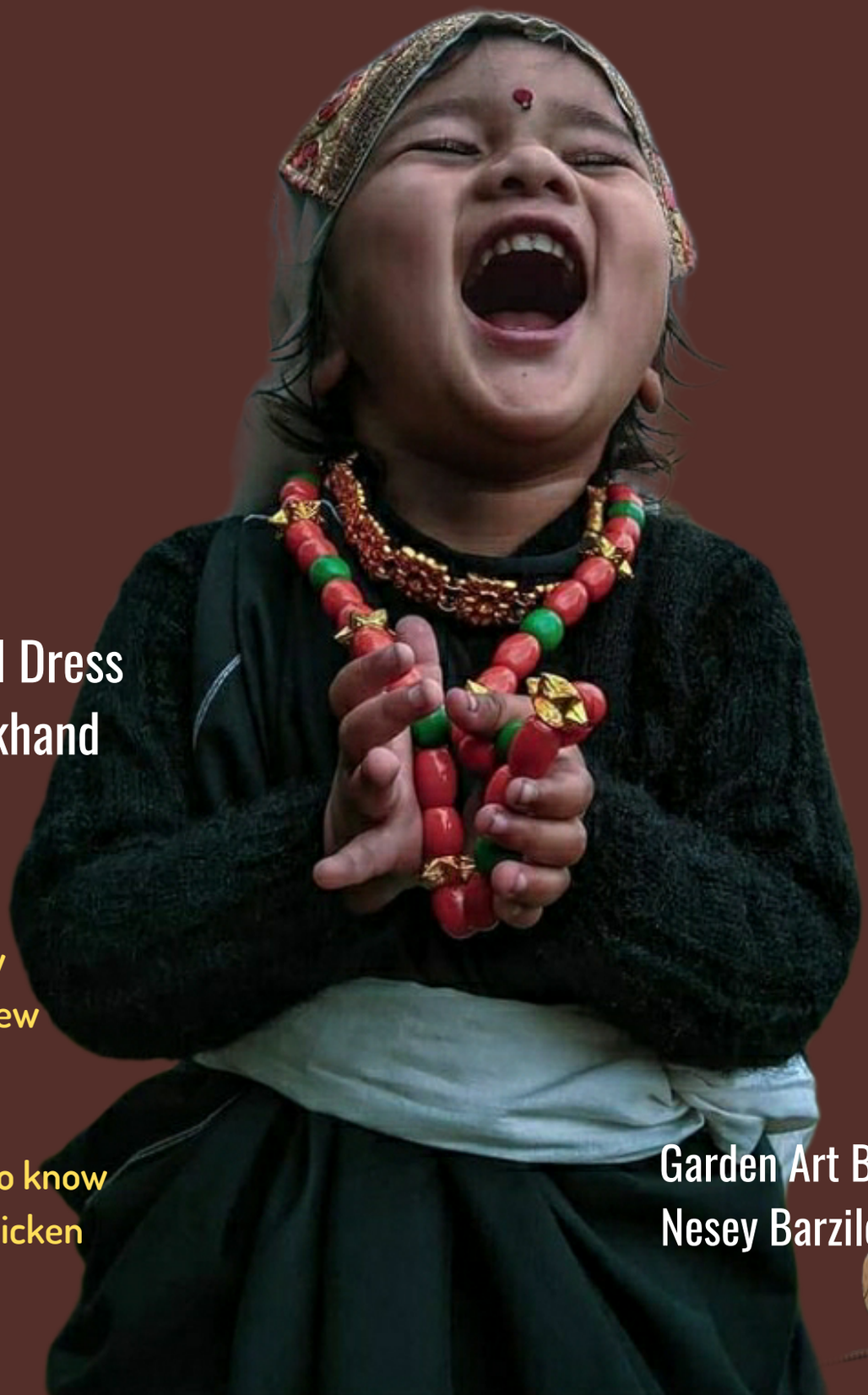
CULTURAL eMAGAZINE JUN 25 - JUL 01, 2021

INK OCHI

VOL-1 ISSUE - 11 FIRST OF ITS KIND IN KERALA

Weekly collection



Traditional Dress of Uttarakhand

- Art Gallery
- Book Review
- Poem
- OneShot
- Amazing to know
- Orange Chicken

Garden Art By:
Nesey Barziley

Cover photo by:: Akshita Rawat

For editorial, advertisements and feedback:

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Editor's Note

Cultural exchange is a core component of INKochi Magazine. We promote cultural exchange thru our pages by stories and articles contributed by the people from different parts of the globe.

Cultural exchange is sharing different ideas, traditions, and knowledge with someone who may be coming from a completely different background than your own. It's important to be aware of the differences between cultures, particularly if you are volunteering, working, or living in a new country or interacting with people from a different country than your own.

There are so many ways to promote cultural exchange! INKochi Magazine is a great resource for connecting with stories and articles all over the world. We engage as the host to encourage cultural exchange in a most effective ways to share your own culture as well as learn more about a new one.

Happy Reading...!!
Varghese T. Thomas

Art Gallery

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FOR SALE

Title:
Ganesha

Code: INK157

Artist: Lekha Vyloppili
Medium: Mural Paint
Surface: Terracotta Pot
Size: 1.5 feet height
Price: Rs.3500/-

Contact:
WhatsApp
8547107471

FOR SALE

Title:
Tranquility

Code: INK158

Artist: Aashima Mehrota
Medium: Oil
Surface: Canvas - Rolled
Size: 20x24 inches
Price: Rs.35000/-

Contact:
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Travel

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Traditional Dress Uttarakhand

Text & Photos by: Akshita Rawat

Uttarakhand or better known among the natives as Uttaranchal is famous across India for its holy places. This Devbhoomi (Land of Gods) is situated in the mountainous region of the Himalayas and is also a popular tourist destination.

Uttarakhand is home to Garhwalis and Kumaonis depending on which part of Uttarakhand they belong to. It has a rich culture of which, music and dance are an integral part. Various languages are spoken here like Garhwali, Kumaoni, Bhoti and even Hindi. Silver and gold jewellery is a significant part of traditional Uttarakhand attire. If you visit Uttarakhand, you will find women wearing gold kundal (earrings) and often having multiple piercings in their ears.

Uttarakhand inhabits people from different ethnic backgrounds like Rajputs, Brahmins and tribal population like Tharu, Jaunsari, Bhotia, among others. Therefore the traditional attires do have a lot of variation. >>>

Traditional Dresses
UTTARAKHAND

Garhwali Women's Traditional Dresses

In the Garhwal region of this Northern state, women usually wear sari tied in a particular way, the pallu going from the front and knotted on the shoulder, with a waistband made of cloth. This is considered convenient for women, as it makes it easier to carry food and does not interfere with their work on the fields. Earlier, the sari was worn with a full sleeves Angra (blouse) with buttons made from silver, to protect the women from the cold. They also don a headscarf scarf to protect their hair from damage and to carry the harvest.

A married woman was supposed to wear hansuli (silver ornament) worn around the neck, guloband (resembles the contemporary choker), black beads and silver necklace called chareu, silver payal, silver necklace, silver dhagula (bracelet) and bichuye (toe rings). Sindoor along with bindi was also mandatory for a married woman. Even today, a Gulaband is a distinct feature of a married woman. It is designed on a maroon or blue band with gold square pieces arranged on it. >>>

Traditional Dresses

UTTARAKHAND

Men's Traditional Attire

Garhwali men usually wear kurta and pyjama or kurta and churidar, depending on their age. This is the most common attire in the community. This is paired with a topi by the young or pagadi by the older men to protect themselves from the cold. A lot of men also started wearing suits after the influence of the British. The fabric used for clothes differs according to the region's weather conditions, wool in colder regions and cotton in warmer regions.

During weddings, a yellow coloured dhoti and kurta are still the preferred attire for the groom. Men used to travel distances on foot and as a way to protect themselves from theft, they carried their silver coins inside a pouch which was tied around their waist. This was hidden from view as it was worn inside their clothes. >>>

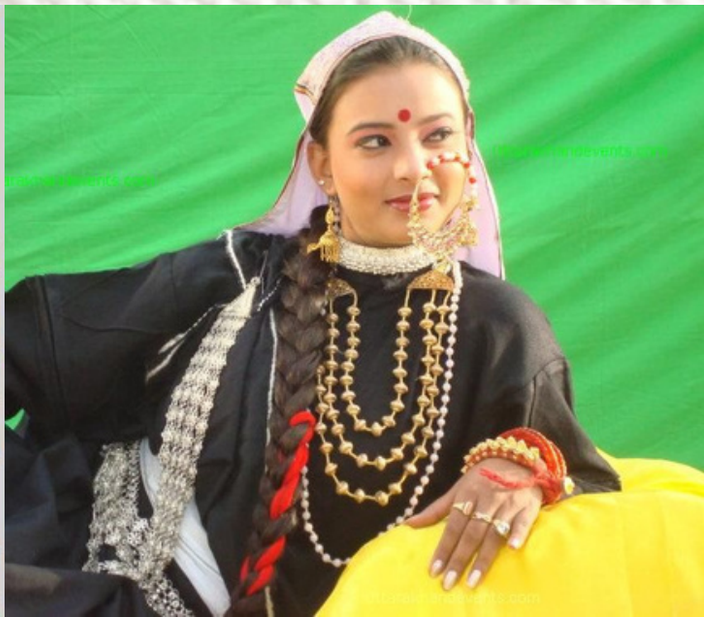
Traditional Dresses

UTTARAKHAND

Kumaoni Traditional Dresses
Women's Traditional Attire

The women in the Kumaon region of Uttarakhand can usually be found wearing a ghagra along with a kameez (shirt) as a blouse. This closely resembles the attire worn by many Rajasthani women. Kumaoni women also wear pichoras, a type of garment common during weddings and ceremonies. Traditionally this was dyed and made at home and was yellow. Even today, women don this traditional pichora on their wedding day.

In Kumaon region, married women wear big naths made from gold covering their entire cheek, hansuli, black beaded necklace or chareu, bichuye (toe rings) made from silver, and sindoor. These were considered mandatory. A woman adorned in the traditional jewellery (Pithoragarh). >>>



Jaunsaris

Jaunsaris claim themselves to be the descendants of Pandavas of Mahabharat. They have a distinct style of clothing which is very colourful and involves a lot of jewellery, making them stand apart from their Garhwali neighbours. Even the men wear jewellery like earrings, kadas, necklaces, etc. along with a traditional cap called digwa made from woollen cloth. Women wear a ghagra, a woollen coat, and dhantu (scarf). During festivals, they wear Thalka or Lohiya, which is a long coat.

Bhotia

The Bhotia is an agricultural cum pastoral community of Mongoloid ethnicity. They reside in the higher altitude of the state where the climate is frigid. They weave woollen yarn and stitch their woollen clothes. The traditional dress of the women comprises of a skirt, shirt, waistcoat, and a coat. Their necks, ears and nose are usually adorned with beads, rings, and nose rings made of gold or silver. The men typically wear trousers and over it a loose gown tied around the waist with a woollen cloth called patta and a woollen cap. **<<>>**

Art & Craft

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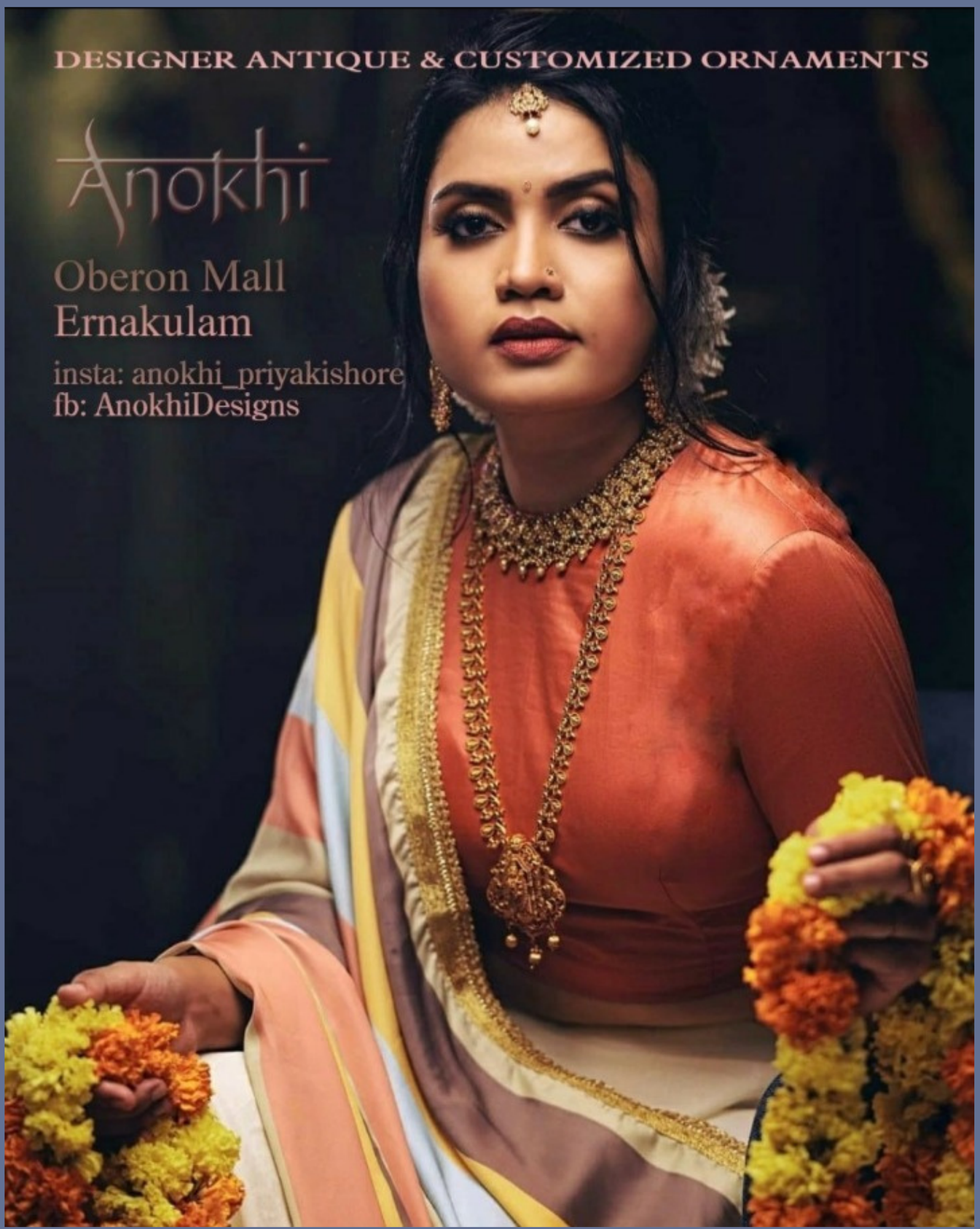

GARDEN ART

Nesey Braziley

Text & Photos: Nesey Braziley

My garden totems, LA, California, are created from different pieces threaded together, like beads in a necklace. For me they are the jewels of my garden. In them I combine my love of jewelry and my passion for gardening. I use higher fire with a combination of shiny and mat glazes so my pieces will stand out in the garden.

I try to create my art just as nature creates itself. It evolves, and nothing looks quite the same. >>>

GARDEN ART

Nesey Braziley

After working for years in high tech, I discovered my passion for art and now I spend most of my time in the ceramics studio contentedly working with clay. I began my journey making jewelry. But shortly thereafter I discovered that clay gives me the freedom to work on large scale pieces almost without any tools, mostly just using my bare hands. Earlier I was focused on precision and perfection, but through my work I have learned to accept and embrace the imperfections in my art and in my life. **>>>**

GARDEN ART

Nesey Braziley

Most of my work is done with paper clay that gives me the freedom to use clay just as I use pieces of paper. I especially love working with coils, connecting them into fragile shapes, exploring the strength of the clay, and finding the negative spaces in them. >>>

I use higher fire with a combination of shiny and mat glazes so my pieces will stand out in the garden. I try to create my art just as nature creates itself. It evolves, and nothing looks quite the same. <>

Amazing to know

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POEM

YOU

Annie Smitha
Independent Writer
Poet / Educator

Sobha Icon
Palakkad, Kerala.
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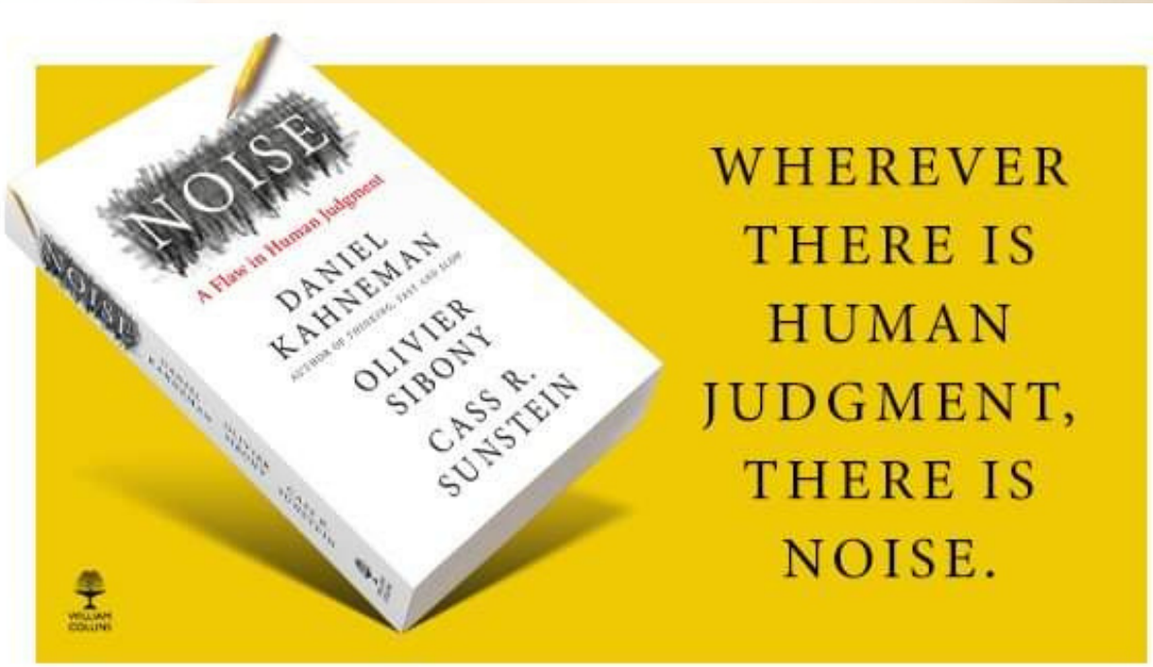
Sobha Ltd.)

You were a dark Knight waiting to pounce on me
Like a Highway man hunting for treasures
You were a stranger, yet familiar somehow that
I got used to the openness that your eyes revealed
You were a magnetic presence that I felt drawn to
Like a hypothetical monopole, stranded on its own
You were a storm sweeping me into the whirlpool
And drowning me in the depth of complete bliss
You were a fire, blowing tongues of flame, burning me
And wounding me like a wretched sinner
You were an iceberg steep and hard that I couldn't
Reach you or melt you like a numb lifeless form
You were an Ascetic unreachable, proclaiming Holiness
The violet ray surrounded you and broke your shell, cleansing you
You were a stream flowing ceaselessly down the mountains and the valleys
Nourishing my fields and I realize it's not you but myself reborn.....



BOOK review

Imagine that two doctors in the same city give different diagnoses to identical patients – or that two judges in the same court give different sentences to people who have committed matching crimes. Now imagine that the same doctor and the same judge make different decisions depending on whether it is morning or afternoon, or Monday rather than Wednesday, or they haven't yet had lunch. These are examples of noise: variability in judgements that should be identical.

In Noise, Daniel Kahneman, Olivier Sibony and Cass R. Sunstein show how noise produces errors in many fields, including in medicine, law, public health, economic forecasting, forensic science, child protection, creative strategy, performance review and hiring. And although noise can be found wherever people are making judgements and decisions, individuals and organizations alike commonly ignore its impact, at great cost.

Packed with new ideas, and drawing on the same kind of sharp analysis and breadth of case study that made Thinking, Fast and Slow and Nudge international bestsellers, Noise explains how and why humans are so susceptible to noise and bias in decision-making. We all make bad judgements more than we think. With a few simple remedies, this groundbreaking book explores what we can do to make better ones.

'This is a monumental, gripping book. It is also bracing ... The three authors have transformed the way we think about the world. They have looked beneath and beyond the way we make decisions and organise our lives. A follow-up of sorts to Thinking, Fast and Slow, it is a further step down the road towards a more complex and realistic grasp of human affairs that is replacing the crude simplifications of the recent past. Outstanding'
---Sunday Times

WILDLIFE

Winter Mornings!

I have been trying to get shots of cranes in the golden hour mist for the last 5 years. I have always had this image of a Sarus cranes calling through the mist in the golden hour in the mind. Finally!

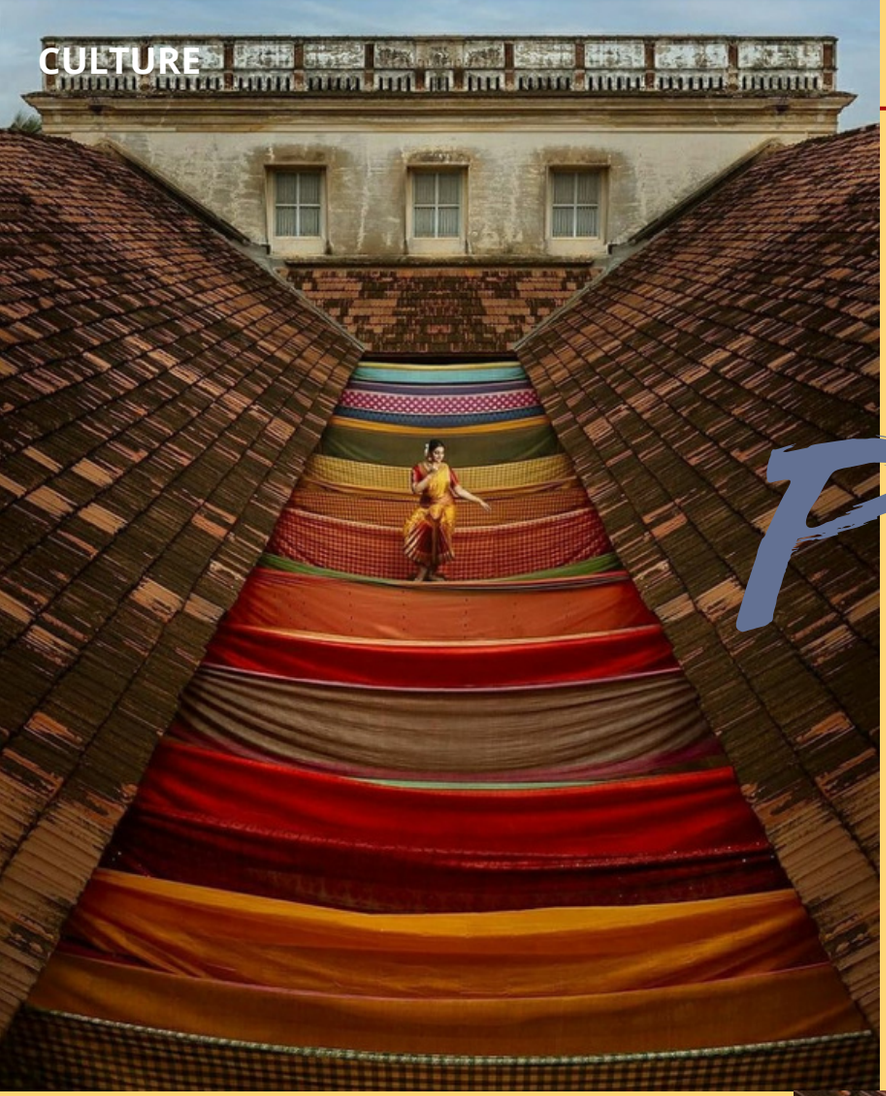
Sarus Crane on a winter morning at Keoladeo National Park, Rajasthan.

February, 2021.

Gear used: Sony a9ii with 400mm f/2.8 GM OSS.

OneWeek OneShot

By:
Aarzoo Khurana



Padaippu

"Padaippu" is a tradition in Chettinad, Tamil Nadu where men offer sarees to their ancestors. They wash the sarees, dry it and sell it and split the cost between themselves.
I found it very interesting and I wanted to put the dancer Jai Quehaeni in the middle of these sarees and these were the results.

Photo and Caption: Amar Ramesh
Dancer: Jai Quehaeni
Photo Editing: Israel Davidsons
Outfit: Studio 149
Makeup: Jai Quehaeni

ORANGE CHICKEN

Recipe by:

Faeza Abdul Majeed
Cake Maker
SUGAR RUSH
a mil dil baked delights
Kakkanad, Kochi

RECIPE

- Boneless chicken cut into bite size pieces - 500g
- Salt - 1 tbsp
- Pepper - 1 tbsp
- Corn flour - 3tbsp
- Flour - 6 tbsp
- Egg - 1
- Oil - 1tbsp
- Water - 3 tbsp
- Mix all the above to make a marinade and marinate the chicken for atleast half an hour. Then deep fry the chicken n keep aside
- Sauce:
- Oil - 2 tbsp
- Minced garlic - 1 tbsp
- Minced ginger - 1 tbsp
- Chilli flakes - 3 tbsp
- Sugar - 2 tbsp
- Jaggery - 1 tbsp
- Orange juice - 1/4 cup
- Orange rind - 1 tsp
- Vinegar - 1 tbsp
- Soy sauce - 2 tbsp
- Corn flour - 2 tbsp
- Water - 1/4 cup
- Pepper - 2 tsp
- Spring onion to garnish

PREPARATION - Serve : 5-6

- In a wok, add the oil.
- When it's hot, add the ginger and garlic followed by chilli flakes.
- Stir for a minute and add the sugar n jaggery.
- When it melts, add soy sauce, orange juice and rind.
- When the orange juice starts boiling, make a slurry by mixing the corn flour in water along with pepper and pour into the wok.
- Add vinegar also to this and mix well.
- When the sauce thickens, add the fried chicken pieces into it n toss it well so that all the chicken pieces are coated well with the sauce.
- Turn off the heat, garnish with spring onion and serve hot.
- Goes well with fried rice or steamed rice.

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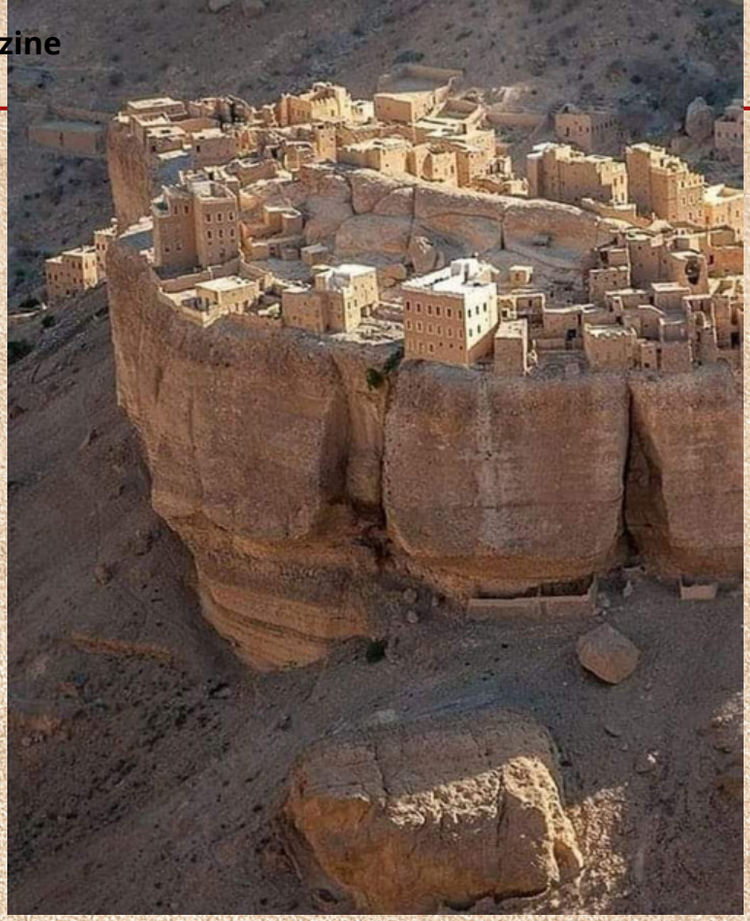

Amazing to know

The Village of Haid Al-Jazil : Haid Al-Jazil could well be one of the most unique places on the planet. The precarious village is perched on a giant rock and overlooks a long, mostly deserted valley in the Yemeni district of Dawan in Hadhramaut province. Of the hundreds of people who once called this village home decades ago, a 2004 census revealed a population of just 17. All of them defying isolation, loneliness and some of the toughest topography.Years of heavy rains, erosion and a lack of regular upkeep have left almost 70 per cent of homes in ruins. This intriguing village that dates back 500 years has been left virtually abandoned, because in the past three decades many locals relocating to Saudi Arabia where the salaries and lifestyle are more appealing. Those who stayed behind were mostly children or the elderly.

Contribution: Julia May

Contribution: Julia May

Amazing to know

Appennine Colossus : Seven miles north of Florence rests a giant treasure from the Renaissance known as Colosso dell'Appennino, or the Appennine Colossus. The 35 foot tall gigantic sculpture is found in Villa Demidoff and was built by the 16th century Italian sculptor Giambologna. He guards the pond in front of him and the grottoes inside his belly. His beard is heavy with stalactites and by his pose one can tell his heart is heavy with time itself. But the Colossus isn't merely a statue... it's also a building. There are chambers inside his body, and even a fireplace in his head that when lit would allow smoke to come out of his nose. One special room could hold a small orchestra to play music for people visiting the site.

Archaeologist Spends Over 35 Years Building Enormous Scale Model of Ancient Rome.

The plaster model, which was commissioned by Mussolini in 1933 and completed in 1971, depicts Rome as it stood in the 4th century under the reign of Constantine I.

Now located at the Museum of Roman Civilization, the model was constructed by archaeologist Italo Gismondi who spent many years replicating the city exactly as it once stood.

Contribution: Julia May

Amazing to know

Acropolis of Athens

Contribution: Santra May

The loneliest house in the world is in Iceland

Contribution: Hordug

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Cultural Studies in/of Keralam: Politics, Praxis, Methods

Lecture 12 of 24

27 June 2021
6.30 pm

Speaking the Other/Making the Self: Counter Imaginations in Pre-Modern Malayalam Cultural Narratives

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T. T. Sreekumar
Professor, Department of Communication, and Director, EMMRC, EFL University, Hyderabad

Respondents

Mrudula Devi S
Intersectional Feminist
Editorial Board Member, Patabhedam Magazine.

Shiju Sam Varughese
Assistant Professor, Centre for Studies in Science, Technology and Innovation Policy, School of Social Sciences, Central University of Gujarat, Gandhinagar.

The programme is conceived of as a series of 24 fortnightly talks followed by critical responses. All are cordially invited. For participation, contact ***centreforculturalstudiesuok@gmail.com***

Meena T. Pillai, Director, Centre for Cultural Studies